

Teacher Name: Laura Smith
"Four Wheel Drive: Hardanger Techniques on a T-Shirt"



Photo Laura Smith ©2009

Four wrapped bars and four small hardanger wheels are stitched on a t-shirt or similar knitted garment. The knitted fabric of the t-shirt is not cut, but is allowed to show through the lacy structure of the wheels. Design size is 3.25" square. Students will use teacher's own process to permanently secure the knitted fabric to support embroidery, then apply waste canvas, a removable canvas that allows us to stitch a counted thread border.

Stitches include Pekingese stitch, double Pekingese, laid and couched thread, backstitch, stem stitch, wrapped crossbars and a reversed ribbed wheel done with metal thread. We will strengthen the structure by tying down the spokes to promote durability. A 6" X 6" doodle canvas is provided.

Students will provide their own pre-washed knitted garment. A Lee t-shirt from Walmart is shown in the photo. A kit with a choice of peach threads (shown in the photo, based on Watercolours Santa Fe #183 and Kreinik #4 color 9192) or ecru and gold threads is available. Other color options are available. The t-shirt in the photo has been laundered three times inside out in a mesh bag. Many students will be able to complete the project during the two-day class.

Proposal: Four Wheel Drive

Type of Project: This is a set project class that teaches students to work with waste canvas and non-woven fabric to accommodate open canvas techniques on a t-shirt or other knitted garment of similar weight. Teacher letter will contain details about garment and thread selection for washability of the garment.

1. Teaching Time: Two Day
2. Student Level: Intermediate; capable of reading charts. Hardanger experience is helpful.

3. Project Dimensions: Design Area Vertical: 3.25", Horizontal: 3.25", Depth N/A; Canvas size: students to provide t-shirt or other garment made of single knit (t-shirt weight) fabric.
4. Ground Material: Waste canvas, non-woven fabric, t-shirt provided by student
5. Threads and Kit Contents: Waste canvas, non-woven fabric, pins, sharp and tapestry needles, #5 Pearl cotton or Watercolours, #8 Pearl cotton, Kreinik metallic #8, DMC Floss, instruction booklet
6. Will student have a choice of threads, colors, etc? Students may choose a kit with peach Watercolours and peach Kreinik metallic as shown in the photo or with ecru Pearl cotton and floss, and gold Kreinik metallic. Other color options are available upon request.
7. Estimated Kit Cost: \$ 24 for complete kit
Student to supply: pre-washed t-shirt or similar weight knitted garment, usual stitching supplies including sharp scissors and inexpensive scissors for cutting metal thread, light & magnification if needed, ruler or tape measure for centering motif on garment
8. Teacher will supply threads and kit contents as in Item 5 above, rug canvas for demonstrating stitches, reference materials for group viewing, additional stitched designs for inspiration
9. Audio/Video Equipment Needed: None
10. Other special classroom needs: Marker board or chalk board, easel for demonstration canvas, chair
11. Pre-stitching required: None
12. This class is new, original and has never been sold or taught before.

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