

What Goes Around Comes Around: An Open Canvas Wheel on a T-Shirt by Laura Smith



Photo Laura Smith ©2009

This design is the first of a series highlighting a variety of open canvas techniques on t-shirts or similar knitted garments. These are quick projects designed to appeal to those who would like to learn a new technique and finish or nearly finish the project during the class.

A hardanger wheel is stitched on a t-shirt or similar knitted garment. The knitted fabric of the t-shirt is not cut, but is allowed to show through the lacy structure of the wheel and its spokes. Design size is 2.5" square. Students will use teacher's own process to permanently secure the knitted fabric to support embroidery, then apply waste canvas, a removable canvas that allows us to stitch a counted thread border.

Stitches include Pekingese stitch, laid and couched thread, backstitch and stem stitch. We will throw crossbars and needleweave them, then cast spokes for the wheel. We will create a woven and ribbed wheel with a mixture of Pearl cotton and metal thread. We will then embellish the center with an eyelet and strengthen the structure by couching down the spokes to promote durability. Finally, we will learn the secrets of waste canvas removal.

Students will provide their own pre-washed knitted garment. The design in the photo is worked on a Lee t-shirt from Walmart and has been laundered four times in a mesh bag. A kit of ecru/gold threads is required. Additional color options are available upon request.

ICNA Standard Proposal Summary Sheet

Name Laura Smith

Contact Information: (email) stitch4fun@nc.rr.com (website) <http://stitch4fun.com>

1. Class Title: **What Goes Around Comes Around: Open Canvas Wheel on a T-Shirt**
2. Technique: This is a set project class that teaches students to work with waste canvas and non-woven fabric to accommodate hardanger techniques on a t-shirt or other knitted garment of similar weight. Stitches include Pekingese stitch, couching, backstitch and stem stitch,

needlewoven crossbars and a woven and ribbed wheel with an eyelet. A 6" X 6" doodle canvas is provided for practicing stitches.

3. Ground material: Waste canvas, non-woven fabric provided in kit, student provides t-shirt
4. Type of Class set project color and/or design class
 notebook other (explain): _____
5. Length of class (specify hours or days): Two Day (6 hours per day) Most students will nearly complete the project in this time.
6. Student Level: basic advanced intermediate
 basic-intermediate advanced
 intermediate all levels
7. Kit: estimated kit cost (in US dollars): \$24 for kit with ecru and gold color threads. Other color options are available upon request.
 cost is for complete kit (other than stretcher bars, frame or hoop and usual class stitching supplies)
 student must purchase other materials (list items and approximate cost)
Student must provide t-shirt to get sizing correct. Teacher will provide appropriate knitted fabric for students who forget their t-shirts.
 student will have a choice of color and/or threads
8. Audio/Visual Equipment Needed: None
9. Other special classroom needs: Marker board or chalk board, chair or easel for demonstration canvas, teacher table for display of similar embroideries
10. Prestitching required: yes: Number of hours: _____
 no
11. Has this project ever been accepted by another seminar, sold commercially or taught? No
If yes, please elaborate: _____